

Machine Washable and Dryable!



TE
trisha evans

Makes great gifts for Holidays and Adoption Finalizations!

TRAC Fundraiser

November 24, 2014 - January 31, 2015*

**Order deadline for Christmas delivery is DECEMBER 5, 2014*

Three Rivers Adoption Council and *Trisha Evans Designs*
are excited to announce our fundraising campaign featuring

Personalized Plush Animals

Ordering is Easy!

1. Visit the website: www.trishaevansdesigns.com
2. Select your choice of plush animal.
3. Enter information for *free* personalization (up to 2 lines).
4. Select your thread color.
5. Select your choice of weighted option (if desired).
6. Enter the fundraiser credit code: TRAC and complete your order!

Your ORDER is shipped directly to your door!

Shipping only \$6.95 per order.

All orders placed benefit Three Rivers Adoption Council.

About Our Fundraiser

PERSONALIZATION: Our top quality plush animals can be **personalized with your choice of name and/or commemorative information** (two line limit with up to 20 characters per line).

WEIGHTED OPTION: If desired, each of our personalized plush animals has the **option of being weighted with 1 to 8 pounds**, depending on animal size. (Weighted animal are stuffed with poly beads contained in reinforced pouches which can be removed for laundering.) **Non-weighted animals have polyester filled removable pouches.**

Each animal is machine washable & dryable and is sure to become your child's *new* best friend!

Why Choose a Weighted Option?

One of the most commonly used and “prescribed” therapeutic interventions in Occupational Therapy is the use of weighted products. The therapeutic use of weight and deep pressure to the muscles, joints, tendons and ligaments allows the central nervous system to better interpret and integrate tactile (sense of touch) and proprioceptive (sense of movement, body position and pressure) input. What this means is individuals with Sensory Processing Disorders find weighted animals calming, giving the deep pressure input their bodies crave.

Both safe and effective, using weighted products and can make an enormous difference!



How Can a Weighted Stuffed Animal Benefit Your Child or Loved One?

1. A weighted plush animal can sit in your child's lap during seat work, eating, riding in the car, at church and in waiting rooms, providing a calming deep pressure while reminding the child to stay seated.
2. Gives the child a mindless fidget (stuffed animal's ears, bows, feet, etc).
3. Provides a handy tool for combating anxiety. Many kids get stressed when spoken to directly. Having a weighted stuffed animal nearby enables the caregiver to instruct the stuffed animal rather than the child.
4. Great sleep aids - kids love snuggling their weighted animal while sleeping to provide comforting deep pressure. For best results, a weighted blanket should be used for sleeping, but weighted animals make a great addition to any parent, caregiver or therapists' sensory toolbox!

Thank you for helping us achieve our fundraising goals!